

HOW TO BE RESILIENT IN THE 21ST CENTURY



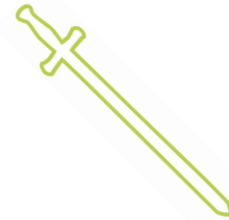
RADAR

- Futures & Foresight
- Scan & Monitor



SHIELD

- Risk Management
- Plan & React



SWORD

- Innovation
- Seize Opportunity

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We can only be sure about one thing – we are going to be hit by something. We just can't predict where and when, and that's why resilience matters.

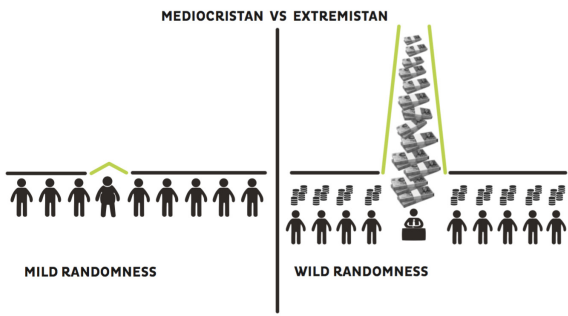
Jeffrey Saunders, Director – CIFS

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WHAT IS RESILIENCE?

Resilience is a critical mindset that helps societies and organizations reduce risks by learning to adapt to a constantly changing environment. The concept is about being able to see and seize the opportunities that emerge when systems are disturbed, allowing for new development trajectories to emerge.

Resilience can be understood as the ability of systems to respond and adapt effectively to changing circumstances; a process of positive adaptation before, during and after adversity.



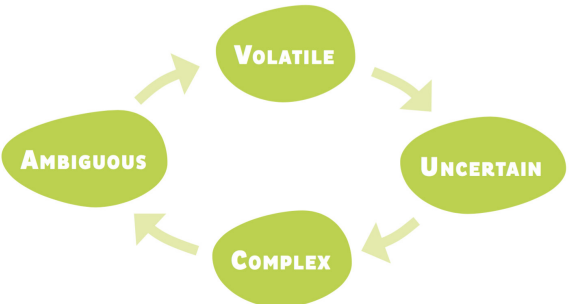
OUR WORLDS AND DEEP UNCERTAINTY

Mediocristan: a predictable world of understood and quantifiable risks and rewards.

Extremistan: a deeply uncertain and unpredictable world where a lucky and talented few can win it all.

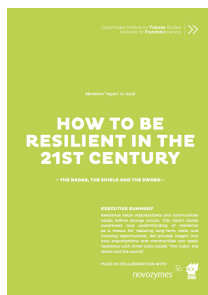
THE WORLD WE LIVE IN DEMANDS RESILIENCE

Megatrends are creating an environment that is **volatile, uncertain, complex, ambiguous** and **accelerating** (VUCA).



SUSTAINABLE AND INNOVATIVE COMMUNITIES WITH RESILIENCE

Community and organizational prosperity depend on our ability to understand and influence the course of our future to the extent possible. Fundamental forces, megatrends, drive change and are creating a strategic environment that is volatile, uncertain, complex, ambiguous and accelerating. What do we mean by community resilience? When applied to communities, resilience means the ability of communities or groups to cope with stresses and disturbances as a result of social, political, economic or environmental change. It is resilience on the macro-level, as it incorporates not only resilience of people, but also resilience of environment, organizations, economy and infrastructures within the boundaries of a certain community.



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The objective of the Copenhagen Institute for Futures Studies is to strengthen the basis for decision-making in public and private organisations by creating awareness of the future and highlighting its importance to the present.